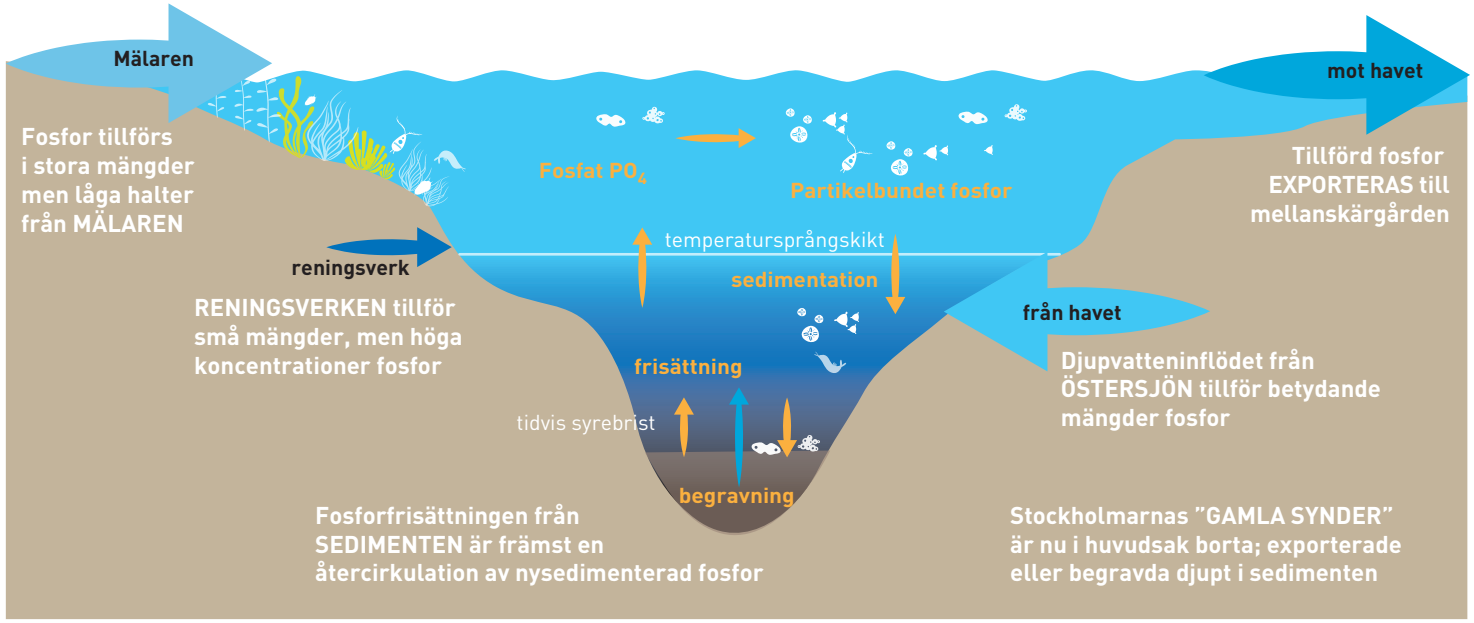Fosforflöden i Stockholms innerskärgård